

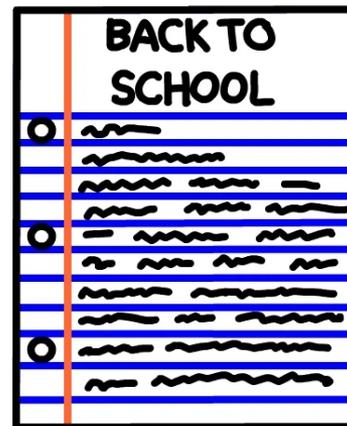


*Welcome!*

**SCHOOL  
COUNSELOR  
LESSON 1**

# Objective

- ▶ You will gain a greater understanding that your school counselors are here to help ALL students find the best post-secondary fit
- ▶ You will understand the importance of
  - ▶ Grades
  - ▶ GPA
  - ▶ Credits
  - ▶ Attendance





# Agenda

- ▶ Meet your counselor
- ▶ Tour important places on campus
- ▶ Fun school counselor lesson
  - ▶ GPA Game
- ▶ E-mail your school counselor/check grades/Write a letter
- ▶ Meet your social worker



# HS Graduation Requirements

- ▶ 4 – Credits of English
- ▶ 4 – Credits of Math
- ▶ 3 – Credits of Science
- ▶ 3 – Credits of Social Studies
- ▶ 1 Credit of PE
- ▶ 1 Credit of Fine Arts or CTE
  - ▶ CTE stands for Career & Technical Education
- ▶ 12 Credits of Electives
- ▶ Total of 28 Credits
- ▶ Pass the American Civics Test – 60% or higher



# Class Rank & G.P.A.

**G.P.A. (Grade Point Average) is determined by:**

- Your grades

**PUSD uses an unweighted G.P.A. system**

**Class rank is determined by:**

- Your grades
- Your class choices & performance
- Your peers' class choices & performance

# Grade Point Average (GPA) Calculation

- ▶ Michael receives one “A,” two “B’s” and one “C” on his report card. One of the “B’s” is an honors class. His grade point average is:

1) 12

2) 3.6

3) 3.25

4) 3.0

Scale

A= 4

B= 3

C= 2

D= 1

F= 0

Calculation

$$4 + 3 + 3 + 2 = 12$$

$$12 \div 4 = 3.0$$

# GPA Game



# Recognition for Academics

## ▶ Academic Letter

- ▶ Awarded after Freshman year

- ▶ Must have earned a 4.0 GPA or CRI (class rank index) the prior year

## ▶ National Honor Society

- ▶ On campus club requiring and invitation and application

- ▶ Must have a 3.7 GPA or CRI to be invited

- ▶ Invitations are sent out spring of Sophomore year.

# Attendance

-Students learn best when they are present and engaged in class

-10 absences per semester in any class may result in a loss of credit for that class.



# What would you do about your classes if you were absent for a day?

- ▶ **Tips for helping yourself after being absent**
  - ▶ Ask a trusted friend or peer in the class for any notes you missed
  - ▶ Talk to your teacher
    - ▶ Send an e-mail to see if you can have the assignment
  - ▶ Utilize the teachers' StudentVue, TEAMS, Moodle, etc.
  - ▶ Follow through when you are absent
    - ▶ You are not excused from assignments when absent

# Get Involved!!!



But how do I  
do that???

- ▶ We can't stress enough how important it is to get involved!
- ▶ Club Rush: 9/6/22
- ▶ Centennial Website
- ▶ Social Media – Instagram & Twitter



2026  
GOALS



Time  
Capsule



Laptop Activity with Your  
School Counselor